

Role of different direct-acting antiviral drugs on hepatitis C virus-associated mixed cryoglobulinemia in Egyptian patients

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Background

Several extrahepatic manifestations have been reported and mixed cryoglobulinemia is a clonal disorder of B cells which is strongly associated with hepatitis C virus (HCV).

New regimens of direct-acting antiviral agents (DAAs) have recently been approved for the treatment of genotype 4 HCV which offer improved results of sustained virologic response (SVR) in the treatment-naïve and previously treated patients.

Aim

To assess the prevalence of cryoglobulinemia for evaluating the efficacy of DAA therapy on it.

Patients and methods

Patients received one of the following regimens: sofosbuvir, daclatasvir±ribavirin, or sofosbuvir plus ledipasvir±ribavirin follow-up for 24 weeks after treatment.

Results

A total of 132 patients were involved in our study: 65 men and 67 women. Cryocrit-positive patients clinically presented with clinical manifestations in 32 (53.3%) patients out of the 60 patients. After 12 weeks of DAAs treatment, there was a significant reduction in cryoprecipitate level and rheumatoid factor (RF) level with improvement of glomerular filtration rate, basal C4, and clinical improvement of purpura, Raynaud's phenomenon, and this was the same when 38 patients continued treatment for 24 weeks. However, comparing 12 and 24-week therapy showed significant improved difference in cryoprecipitate level but improved glomerular filtration rate, basal C4, and decreased level of RF, proteinuria, purpura, and peripheral neuropathy although it did not reach statistical significance.

Conclusion

Cryocrit-positive patients were old age, cirrhotics with long duration of HCV. There is significant improvement of both laboratory and clinical parameters of cryoglobulinemia after SVR12 and more significant after SVR24. There is no significant difference in using different DDA regimen with or without ribavirin on the SVR at either 12 or 24 weeks. So, we advise basal laboratory and clinical parameters of mixed cryoglobulinemia before designing treatment regimens of HCV patients in Egypt.

Keywords:

cryoglobulin, direct-acting antiviral drugs, hepatitis C virus

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Introduction

About 170 million people were reported to have chronic hepatitis C virus (HCV) infection worldwide [1]. Egypt has the highest prevalence with 90% of the infections being of genotype 4 [2].

Several extrahepatic manifestations have been reported at the natural history of HCV infection; 40–74% of patients infected with HCV at least have one extrahepatic manifestation through the disease course [3].

Mixed cryoglobulinemia (MC) is a clonal disorder of B cells; it stimulates unregulated B-cell proliferation

which leads to immune complex formation and deposition, which is strongly associated with HCV [4].

The intrinsic mechanism through which HCV promotes cryoglobulin production is unidentified. Virus persistence may represent a continuous stimulus for the host immune system. Cryoglobulins may represent the product of virus–host interactions at HCV-infected patients [5].

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Therapy for genotype 4 HCV has been pegylated interferon with ribavirin for 24 or 48 weeks, depending on the virologic response but treatment-naïve patients who received this regimen had sustained virologic response (SVR) rates of 43–70% [6]. Difficulty in administration and poor tolerability associated with this treatment has been low; thus most patients with HCV in Egypt are untreated [7].

New regimens of direct-acting antiviral agents (DAAs) have recently been approved for the treatment of genotype 4 HCV which offer improved results of SVR in treatment-naïve and previously treated patients [8]. So far, a few studies have reported promising results of the efficacy and tolerability of DAA therapy in patients with HCV-associated MC [9].

Aim

To assess the prevalence of cryoglobulinemia associated with hepatitis C virus infection and for evaluating the efficacy of different DAA-based combination therapies on it.

Study design

This is a cohort, prospective study. It was conducted from March 2017 till March 2018 at the outpatient clinic of the Specialized Medical Hospital, Mansoura University, Egypt, on patients with chronic HCV infection who were eligible for sofosbuvir-based therapy either naïve or treatment-experienced patients [10].

Patients with cirrhosis but no esophageal varices, not ascetic, and no history of hepatic encephalopathy, platelets less than $100 \times 10^3/l$, bilirubin less than 2 mg/dl, albumin more than 3.5 g/dl, and international normalized ratio less than 1.7 were included in the study [11].

Patients with decompensated cirrhosis (Child–Pugh C), HIV or hepatitis B virus infection, chronic liver disease of non-HCV etiology, bilirubin of more than or equal to 2 mg/dl times the upper limit of normal, alanine and aspartate aminotransferase more than 10 times (upper limit of normal), platelets less than 50 000/ μl , hemoglobinA1c more than 10%, and creatinine clearance less than 30 ml/min were excluded.

The study was conducted according to the Declaration of Helsinki and International Conference on Harmonization guidelines and was approved by the

institution's review board before initiation. Informed written consent was taken from all patients before undertaking any study-related procedures

Antiviral therapy

All patients received one of the following regimens: sofosbuvir, daclatasvir±ribavirin, or sofosbuvir plus ledipasvir±ribavirin. Treatment was stratified on the presence or absence of cirrhosis and prior treatment experience. Patients underwent follow-up for 24 weeks after treatment [10].

Laboratory investigations

- (1) Serum sample was collected from the patient for determination of liver function test including alanine transaminase, aspartate transaminase, total bilirubin, albumin using Hitachi 7600 DDP modular chemistry analyzer (Hitachi High-Technologies, Tokyo, Japan) in addition to routine complete blood count, international normalized ratio, and α -fetoprotein.
- (2) ELISA test was done for determination of HBsAg, HCV, and HIV antibodies using BEB III (Dade Behring, Germany) and the positive cases for HCV was confirmed by HCV RIBA 3.0 Strip Immunoblot assay (ChironCorp., Emeryville, California, USA).
- (3) Serum HCV RNA was determined using the Roche COBAS TaqMan HCV Test version 2.0 (Roche Molecular Systems, Pleasanton, California, USA) lower limit of quantitation of 25 IU/ml according to the manufacturer's instructions. It was done at baseline, at 4, 12 weeks of treatment for patients plus at week 24 for patients receiving a 24-week therapy and post-treatment weeks 4, 12, and 24.
- (4) Cryoglobulin determination: cryoglobulins were precipitated from serum stored for up to 15 days at 4°C. On the 15th day of cold incubation, samples were centrifuged at 2500g for 10 min at 4°C. The precipitates were washed five times by 0.15 mol/l NaCl. A fraction of washed cryoglobulins was later on diluted in 0.1 mol/l NaOH, and the concentration was measured by reading the absorbance at 280 nm. Values less than 50 mg/l were considered negative.
- (5) The serum IgG, IgM, rheumatoid factor, and C3 and C4 complement fraction levels were assessed using standard nephelometry according to the manufacturer's specifications (Dade Behring) and was measured in IU per milliliter. The upper limit of the normal levels of the rheumatoid factor was 60 IU/ml [12].

Other investigations

- (1) Abdominal ultrasonography for hepatic scanning and evaluation of presence and/or severity of ascites and for assurance of inclusion and exclusion criteria.
- (2) Upper EGD for determination of esophagogastric varices.
- (3) Computed tomography for those patients with suspected focal lesions or high α -fetoprotein.

Definitions

- (1) HCV-MCS were defined as having HCV RNA more than 1000 IU/ml at baseline and circulating cryoglobulin associated with purpura, arthralgia's, Raynaud's phenomenon, sicca syndrome, vasculitis, cutaneous ulcers, neurologic involvement (peripheral neuropathy and/or central nervous system), or renal involvement [13].
- (2) Renal involvement was defined by the presence of at least two of the following clinical signs: proteinuria, hematuria, and reduced estimated glomerular filtration rate (GFR) less than 60 ml/min/1.73 m² without other etiology for chronic kidney disease [14].
- (3) Sustained virologic response was defined as undetectable HCV RNA levels 12 weeks after treatment cessation (SVR12) and at 24 weeks (SVR24) [10].

Safety

Adverse reactions were determined by evaluating all clinical notes and laboratory results from the time of treatment initiation until 4 weeks after treatment termination.

Statistical methods

Data were collected was analyzed using SPSS version 17 computer statistical software package. The results were expressed as mean \pm SD. The paired *t*-test was used to determine significant difference between test and control subjects. Statistical significance level was put at *P* value less than 0.05.

Results

A total of 132 HCV RNA-positive patients were involved in our study 65 men and 67 women.

Sixty (45.4%) patients were cryocrit positive with a high significant value (*P*<0.0001) regarding disease duration, degree of cirrhosis, IgM, IgG, rheumatoid factor (RF), and C4 in comparison to the cryocrit-negative patients (Table 1).

Table 1 Baseline epidemiological, clinical, and laboratory characteristics in cryocrit-positive and cryocrit-negative hepatitis C virus patients

| | Cryocrit positive (n=60) | Cryocrit negative (n=72) | <i>P</i> value |
|--|--------------------------|--------------------------|----------------|
| Age (mean \pm SD) (years) | 44.5 \pm 10.8 | 43.6 \pm 9.8 | 0.616 |
| Female/male | 38/22 | 30/42 | 0.013 |
| BMI <30 kg/m ² [<i>n</i> (%)] | 19 (31.6) | 24 (33.3) | 0.836 |
| Disease duration (years) | 15 \pm 5.2 | 9 \pm 2.6 | <0.0001 |
| Child score (A/B) | 12/23 | 33/20 | 0.001 |
| Cirrhosis [<i>n</i> (%)] | 29 (48.3) | 10 (13.8) | <0.0001 |
| Platelets (<100 \times 10 ³ /l) [<i>n</i> (%)] | 13 (21.6) | 2 (2.7) | 0.0007 |
| HCV RNA, log10 IU/ml (mean \pm SD) | 5.4 \pm 0.96 | 5.2 \pm 0.88 | 0.214 |
| Cryoglobulin concentration (mg/l) | 320 \pm 40 | 0 | – |
| RF levels (>60 IU/ml) | 65.4 \pm 35.5 | 12.3 \pm 4.7 | <0.0001 |
| IgG (mg/dl) | 2467 \pm 622 | 1933 \pm 570 | <0.0001 |
| IgM (mg/dl) | 344 \pm 231 | 233 \pm 225 | 0.006 |
| C4 (mg/dl) | 15 \pm 2 | 20 \pm 8 | <0.0001 |
| SVR12 | 53 (88.3) | 70 (97.2.3) | 0.08 |
| SVR12 (12-week therapy) | 35 (92) | 56 (100) | 0.06 |
| SVR12 (24 week therapy) | 18 (82) | 14 (88) | 0.69 |

HCV, hepatitis C virus; RF, rheumatoid factor; SVR, sustained virologic response. *P*<0.05, significant.

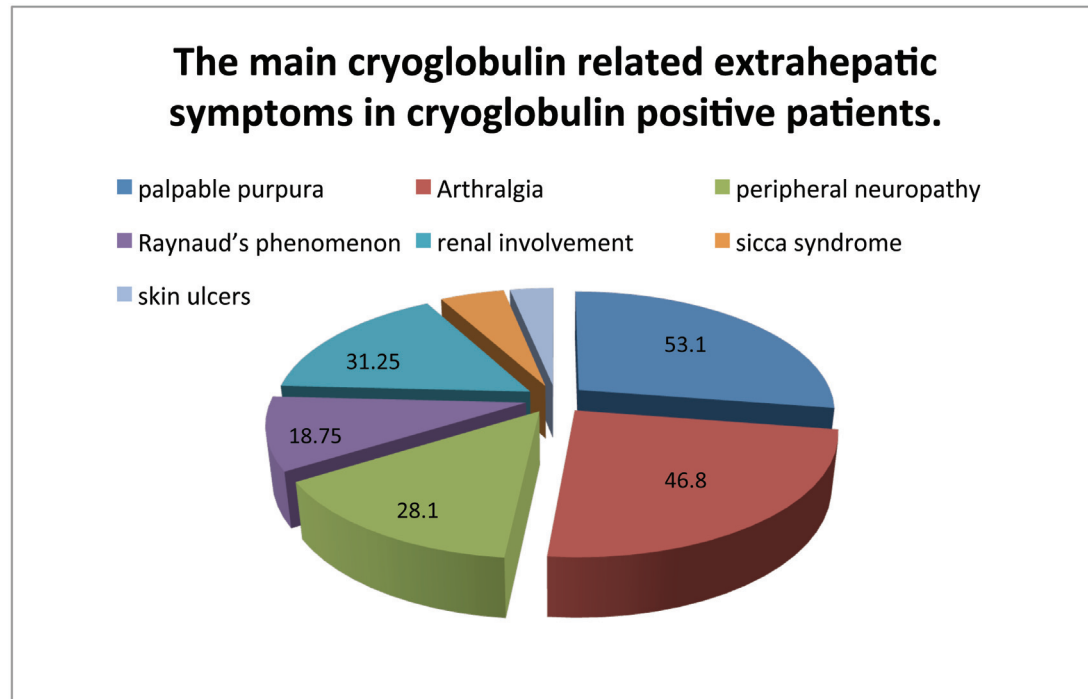
Cryocrit-positive patients presented with clinical manifestations in 32 (53.3%) patients out of the 60 (with overlap manifestations) (Fig. 1).

Different DAAs regimens were used on different patients (Table 2), 123 (93.2%) patients achieved SVR12 and nine (6.8%) patients did not respond to therapy who were significantly (*P*<0.0001) of old age 62 \pm 4.9. All of them were cirrhotics and seven were cryocrit positive, eight of them received a 12-week therapy (Table 3).

After 12 weeks of DAAS treatment, there was a significant reduction in the cryoprecipitate level and RF level with improvement of GFR, basal C4, and clinical improvement of purpura, Raynaud's phenomenon (Table 4) and this was the same when 38 patients continued treatment for 24 weeks (Table 5).

However, comparing 12 and 24-week therapy showed significant improved difference in cryoprecipitate level but improved GFR, basal C4, and decreased level of RF, proteinuria, purpura, and peripheral neuropathy although it did not reach statistical significance (Table 6).

Figure 1



Main cryoglobulin-related extrahepatic symptoms in cryoglobulin-positive patients.

Table 2 Demographic data and medical history of the study

| Variables | All patients (n=132) |
|---|-------------------------|
| Age (years) | 43 (35, 53) |
| Sex | |
| Male | 65 (49.2) |
| Female | 67 (50.8) |
| Presence of cirrhosis | 41 (31.1) |
| Class of cirrhosis (n=41) | |
| A | 17 (42) |
| B | 24 (58) |
| Duration of illness (years) | 6 (5, 8) |
| Cryocrit positive | 60 (45.4) |
| Treatment history | |
| Naive | 111 (84) |
| Interferon | 8 (6) |
| Sofusbuvir or daclatasvir | 13 (10) |
| 12 weeks sustained response | |
| Responders | 123 (93) |
| Nonresponders | 9 (7) |
| Treatment regimen | |
| Sofusbuvir+daclatasvir for 12 weeks | 50 (38) |
| Sofusbuvir+daclatasvir+ribavirin for 12 weeks | 22 (17) |
| Sofusbuvir+ledipasvir for 12 weeks | 17 (13) |
| Sofusbuvir+ledipasvir+ribavirin for 12 weeks | 5 (4) |
| Sofusbuvir+daclatasvir for 24 weeks | 19 (14) |
| Sofusbuvir+daclatasvir+ribavirin for 24 weeks | 9 (7) |
| Sofusbuvir+ledipasvir for 24 weeks | 6 (5) |
| Sofusbuvir+ledipasvir+ribavirin for 24 weeks | 4 (3) |

Table 3 Demographic data and medical history of responders and nonresponders

| Variables | Responders (n=123) | Nonresponders (n=9) | P value |
|-----------------------------|-----------------------|------------------------|---------|
| Age (years) | 42±10.6 | 62±4.9 | <0.0001 |
| Sex | | | |
| Male | 60 (49) | 5 (56) | 0.7 |
| Female | 63 (51) | 4 (44) | |
| Presence of cirrhosis | 32 (26) | 9 (100) | <0.0001 |
| Class of cirrhosis (n=41) | | | |
| A | 15 (47) | 2 (22) | 0.19 |
| B | 17 (53) | 7 (78) | |
| Duration of illness (years) | 7.2±3.5 | 8.1±3.7 | 0.5 |

$P < 0.05$, significant.

Discussion

Infection with HCV has been involved in a variety of adverse extrahepatic consequences, with its role convincingly established in the pathogenesis of MCS, in which underlying HCV infection is almost present [15]. The antiviral therapy of HCV infected patients has changed dramatically with the new DAAs [16]. Limited evidence is currently available researching the treatment with DAAs in patients with HCV-related MC [17].

In all, 132 patients were enrolled in our study with the prevalence of cryoglobulinemia being 45.4% (60) and this is in accordance with Roccatello *et al.* [18].

Table 4 Basal laboratory investigations and clinical signs compared with those after 12 weeks of end of antiviral therapy

| Variables | Basal values (n=132) | Values after 12 weeks (n=132) | P value |
|-----------------------------------|----------------------|-------------------------------|---------|
| Cryoprecipitate | 1.13±1.79 | 0.125±0.48 | <0.0001 |
| Glomerular filtration rate | 78.99 ±15.57 | 82.8±11.83 | <0.0001 |
| Low basal C4 | 76 (57.6) | 124 (93.9) | <0.0001 |
| Presence of rheumatoid factor | 56 (42.4) | 14 (10.6) | <0.0001 |
| Presence of proteinuria | 7 (5.3) | 3 (2.3) | 0.13 |
| Presence of hematuria | 4 (3) | 0 | 0.13 |
| Presence of purpura | 19 (14.4) | 4 (2.3) | <0.0001 |
| Presence of peripheral neuropathy | 10 (7.6) | 7 (5.3) | 0.38 |
| Presence of Raynaud's phenomena | 17 (12.9) | 1 (0.8) | <0.0001 |
| Presence of arthritis | 3 (2.3) | 3 (2.3) | 1 |
| Presence of sicca syndrome | 1 (0.8) | 1 (0.8) | 1 |
| Presence of skin ulcer | 1 (0.8) | 1 (0.8) | 1 |

$P<0.05$, significant.

Table 5 Basal laboratory investigations and clinical signs compared with those after 24 weeks of sustained antiviral response of 24-week therapy

| Variables | Basal values (n=38) | After 24 weeks values (n=38) | P value |
|-----------------------------------|---------------------|------------------------------|---------|
| Cryoprecipitate | 2.3±2.4 | 0.303±0.65 | <0.0001 |
| Glomerular filtration rate | 72.5±17.8 | 78.3±14 | <0.0001 |
| Low basal C4 | 15 (40) | 31 (82) | <0.0001 |
| Presence of rheumatoid factor | 23 (61) | 10 (26) | <0.0001 |
| Presence of proteinuria | 5 (13) | 2 (5) | 0.25 |
| Presence of hematuria | 4 (11) | 0 | 0.13 |
| Presence of purpura | 11 (29) | 3 (8) | 0.0082 |
| Presence of peripheral neuropathy | 8 (21) | 6 (16) | 0.63 |
| Presence of Raynaud's phenomena | 11 (29) | 1 (3) | 0.002 |
| Presence of arthritis | 2 (5) | 2 (8) | 1 |
| Presence of sicca syndrome | 1 (3) | 1 (3) | 1 |
| Presence of skin ulcer | 1 (3) | 1 (3) | 1 |

$P<0.05$, significant.

Symptomatic cryoglobulinemia was observed in 32 (53.3%) patients out of the 60 sixty patients and this in contrast to a study done by Emery *et al.* [19] who reported that of the 83 treated patients 18 (21%) had symptomatic

Table 6 Effect of treatment duration on cryoglobulinemic symptoms and laboratory findings

| Variables | 12 weeks (n=94) | 24 weeks (n=38) | P value |
|---|-----------------|-----------------|---------|
| Cryoprecipitate difference | 0.59±1.02 | 2.04±2.03 | 0.001 |
| Glomerular filtration rate difference | 3±5.9 | 5.8±7.5 | 0.035 |
| Low basal C4 difference (n=48) | 32 (34)* | 16 (42)* | 0.38 |
| Difference of rheumatoid factor (n=42) | 29 (31)* | 13 (34)* | 0.71 |
| Difference of proteinuria (n=4) | 1 (1) | 3 (8) | 0.038 |
| Difference of purpura (n=15) | 7 (7) | 8 (21)* | 0.026 |
| Difference of peripheral neuropathy (n=3) | 1 (1) | 2 (5) | 0.032 |

$P<0.05$, significant. *Number of patients like 34 patients out of 94.

cryoglobulinemia, but this may be attributed to different genotypes and limited number of patients.

Both cryocrit-positive and cryocrit-negative patients were involved to evaluate the role of DAAS on different laboratory and clinical parameters and this is in contrast to a study by Hassan *et al.* [20] who studied only 63 out of 120 patients who were only cryopositive.

SVR12 showed no significant difference between cryocrit-positive and cryocrit-negative groups and this is in agreement with a study by Gragnani *et al.* [21], who reported that MC is a negative predictor factor of virologic response and clearance of HCV led to resolution of symptomatic MCS. Also, there were higher rates of reduction of symptomatic cryoglobulinemia with longer follow-up following DAA therapy [22]. In contrast, Martin and Fabrizi [23] said that there is a discrepancy between SVR and clinical improvement. However, another study indicates that inferior SVR rates in HCV patients with cryoglobulinemia have been overcome with DAA therapy [13].

In cryocrit-positive patients, we found that disease duration (15±5.2) and degree of cirrhosis (48.3%) and presence of Child B (23) were highly coexistent significant ($P<0.0001$) factors associated with high cryoglobulin level (320±40) and this is consistent with a study by Roccatello *et al.* [18] who stated that long-term HCV infection and old age represent predisposing factors for the development of MC and high degree of cirrhosis and is associated with high level of cryoglobulin in HCV patients.

Regarding our study, after treatment with different regimens, we found a significant change between basal values and after 12 weeks in all patients (132) with a significant reduction in cryoprecipitate value

($P < 0.0001$) and improved GFR, basal C4, and improvement of laboratory and clinical parameters and this matches with a study by Hassan *et al.* [20] who found a significant decrease in their mean cryoglobulin level from 41.47 ± 12.32 to 5.12 ± 3.59 $\mu\text{g/ml}$ SD and then to 5.09 ± 3.02 $\mu\text{g/ml}$ SD, 12–24 weeks post-therapy, respectively ($P < 0.001$), with significant decrease in RF concentrations and elevation in C3 and C4 serum levels approaching the normal value.

We noticed in our study, a 24-week regimen gives the same significant values regarding the same parameters. Therefore, in studying both groups separately to determine the effect of drug duration between 12 weeks (94) and 24 weeks (38) we found a significant value ($P < 0.0001$) in cryoprecipitate difference which increased when the patient completed 24 weeks from 0.59 ± 1.02 to 2.04 ± 2.0 and the GFR difference showed more improvement from 3 ± 5.9 to 5.8 ± 7.5 and improved number of patients with low C4 from 32 to 16 and the number of patients with RF from 24 to 13 and proteinuria, purpura, and peripheral neuropathy indicating that MC has improved with long-duration treatment (in spite of no statistically significant value).

As well, we found no difference between sofosbuvir, daclatasvir and sofosbuvir, and ledipasvir regarding the effect on MC and no value as well of adding ribavirin on MC and this in agreement with Sollima *et al.* [24].

Although long-duration treatment regimens have improved clinical and laboratory outcomes of mixed cryoglobulinemia, this is against the results of Cornella *et al.* [25], who detailed a case series of five patients with chronic HCV complicated by MC who received 24 weeks' triple therapy with oral antiviral agents. Clearance of serum cryoglobulins was not found in any of these patients but this may be explained by the very small sample size.

Conclusion

We concluded from our study that the prevalence of cryoglobulinemia is 45.4% and is presented by laboratory or clinical findings. Cryocrit-positive patients were old age, cirrhotics with long duration of HCV. There is significant improvement of both laboratory and clinical parameters of cryoglobulinemia after SVR12 and is more significant after SVR24. There is no significant difference in using different DDA regimens with or without ribavirin on the SVR either 12 or 24 weeks. So, we advise basal laboratory

and clinical parameters of MC before designing treatment regimens of HCV patients in Egypt.

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Nil.

Conflicts of interest

There are no conflicts of interest.

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